

Wisdom of the Body Retreat: Questing for Love

Campfire in the Heart, Alice Springs, Australia
16 - 21 September 2018
Sunday after lunch to Friday after breakfast

Cynthia Winton Henry,
with Stephen Winton Henry and Susanna Pain

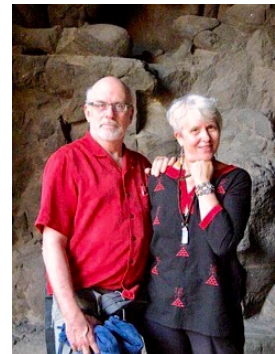


Come, rest, play and reflect
in the expansiveness of our magnificent central desert, beside
ancient red rocks, under giant river red gums, in the sand,
and around open fires
we will be silent, move, make art, sing and tell stories that
connect us with ourselves,
each other and the spirit of the land herself.

Immerse yourself...

Play with the big issues that are part of our reality, play in an
embodied way using InterPlay tools and principles...

Cynthia Winton-Henry, co founder of InterPlay is an author, shrine artist, and spiritual director of the Online Dance Chapel and the Hidden Monastery. She uses InterPlay to unlock body wisdom, to change attitudes to racial differences, and in service to the Arts and Social Transformation for Millennial Leaders. Featured in the book, *The Beauty of Experience*. Cynthia is accompanied by **Stephen Winton-Henry**, hospice chaplain and her collaborator in the *Dying to Live Tour and Cabaret*, a practice to honour death at the centre of life.



Susanna Pain is a spiritual director, retreat leader, dancer, InterPlay Facilitator, Anglican Priest and Dean of St Paul's Cathedral, Sale, Victoria, Australia, where there is a strong focus on the arts, spiritual growth, and contemplative practice. She has had a deep involvement with the Centre, leading retreats there for a decade.

Information and expressions of interest:

susanna.pain@gmail.com or mobile: 0418637469

\$990 all inclusive - tuition, materials, food, accommodation, fuel,
5 nights, 5 days

\$250 deposit to secure a place.

Awaken

Spirituality

Creativity

Delight

